

TO:

London Borough of Havering Town Hall Main Road Romford RM1 3BD

Please contact: Telephone:

email:

Date:

Dear Residents

Are you aware of services and activities you could participate in?

I am writing to you on behalf of the Individuals Overview and Scrutiny Committee, whose remit includes that of Adult Social Care. We have been doing some work on the services and activities available for older and vulnerable people in Havering.

Did you know that your local library runs events, including Knit and Natter, Cookery courses and other groups which bring people together? There is free swimming at local leisure centres for over 50s and Havering Circle organise a number of events including day trips and coffee mornings.

Age Concern Havering runs community and preventative services, including befriending, pub clubs and "perky pensioners" which provide reasonably priced meals and outings.

Are you aware of the Pomelo Care Service, this is run by Age Concern and is a paid for service to carry out domestic care, gardening and home visits.

Would you just rather have a friendly face to chat to in the comfort of your own home?

There are a range of leaflets about the services and activities available in the borough. If you wish to find out more, please provide your details overleaf.

If you have heard of some of these services, but feel they are not for you or have difficulty accessing them please let us know. We want to ensure that all our residents are able to access services, and also ensure that they receive the appropriate support.

Do you have any skills that you could pass on and share with others? Why not complete the tear of slip, or contact us on the above details.

Yours sincerely

Councillor Wendy Brice-Thompson Chairman of Individuals Overview and Scrutiny Committee

Please return to:
I am interested in accessing other services:
Please let us know what you wish to find out about
I have problems accessing services because:
I have skills that I would like to share:
Please let us know the skills you have:
I wish to receive further information on services and activities available: Name:
Address: